

Unit 9. Education and Communication

Aprende na Floresta



Non formal education activity
<https://aprendenafloresta.pt/>

Description

Born in 2022, Aprende na Floresta is an educational project that brings together a set of learning programs and activities in the context of nature, based on the Forest School methodology.

The Forest School (Floresta-Escola) is a methodology that aims at the development of emotional intelligence (Soft Skills) and ethics in the integral development of the child, through regular contact with nature, namely in the forest.

Goals

The aim of the Aprende na Floresta is reinforcing the connection of children and/or adults to nature, to their emotions, attitudes and beliefs, making the most aware, resilient, confident, independent and creative.

Activities

- Training in the forest for professionals
- Week in the forest for children during the school holidays
- Experiences in the forest for adults and kids
- Forest school program
- Corporate programs for companies
- Self-knowledge activities



Construction of a tree house activity
<https://aprendenafloresta.pt/>

Impact

- Environmental Awareness and soft skills development in:
 - ◆ 5 Partner schools
 - ◆ 70+alumni
 - ◆ 20+trained instructors

Website

- <https://aprendenafloresta.pt/>

Social Media

- <https://www.instagram.com/aprendenaforest a/>