

## Unit 8. Tourism

### Castro de Baroña, a Galician jewel from the Iron Age



#### Description

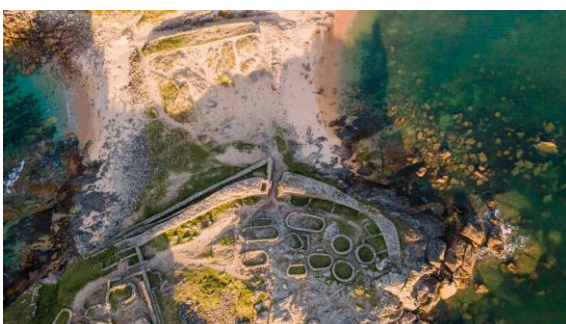
In Galicia you find a little piece of history with every step you take. Menhirs, roads from Roman times, dolmens and settlements, among others, with many anecdotes and legends to tell. One of the most important and best preserved settlements in the Galician community is the Baroña hillfort.

The hillfort belongs to the municipality of Porto do Son, in A Coruña, and was inhabited since the 1st century BC. until the first century AD. 200 years. Discovered in 1933, it was not until 2012 that an important restoration work was carried out that restored much of its initial appearance.

The forests and mountains of Baroña are a space where numerous archaeological remains are located. Apart from a well know hillfort, there are a large number of petroglyphs which are promoted by CMVMC Baroña as a tourist attraction. In addition to the conservation of the archaeological remains, the community of forest faced the excavation of the remains of an old chapel and the restoration of seven old water mills.

#### Goals

The main objective is to preserve the archaeological heritage and share with the visitors what life was like in the iron age.



Source: Xunta de Galicia

#### Activities

- Visit the Castro de Baroña completely free and in the surroundings (500 m), visit the Interpretation Center where, thanks to the brochures and descriptive panels, you can go back in time and get a slight idea of how these Celtic inhabitants of the Iron Age lived.
- The night routes to discover the petroglyphs.
- Educational visits
- 7 km circular hiking trails.
- The community carry out collaborative actions such as cycling and hiking clubs in the area, to promote activities that allow you to enjoy the forest without damaging it.
- Ecosystem management to support archaeological heritage.



Source: Baroña community

#### Impact

- Preservation of high biodiversity value habitats.
- Sustainable ecosystem management.
- Preservation of the archaeological Heritage.
- Social and cultural use of forest.

#### Social Media

<https://www.facebook.com/comunida.barona.7/>

[https://www.turismo.gal/recurso/-/detalle/11182/castro-de-barona?langId=es\\_ES&tp=11&ctre=68](https://www.turismo.gal/recurso/-/detalle/11182/castro-de-barona?langId=es_ES&tp=11&ctre=68)

