

Unit 8. Tourism

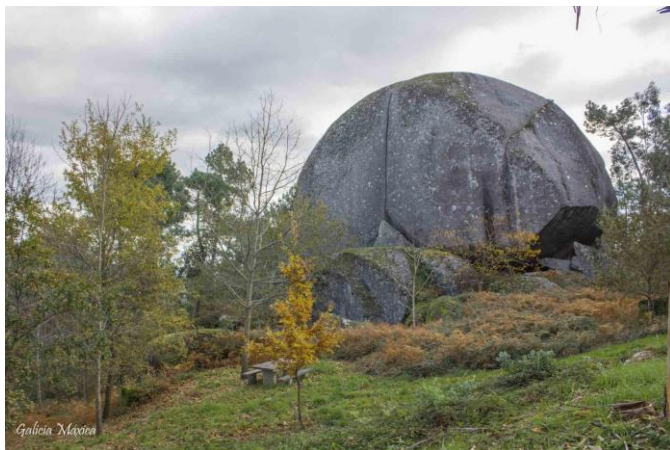
San Cibrán Hermitage



Description

To the north of Salceda de Caselas, very close to Ponteareas, there is a hermitage in honor of San Cibrán. The temple is located in a beautiful green space at more than 430 meters. The chapel is in the middle of large rocks, one of which is striking due to its exaggerated size. The hermitage belongs to the parish of Guláns (Ponteareas), but part of the recreational area is on the ground of Salceda de Caselas, in A Picoña.

In this place, it is said that almost two thousand years ago the Apostle Santiago stopped to preach, doing so from the top of one of these enormous rocks.



Source: Galicia Maxica

At the highest point there is a cross that is over a hundred years old, at the base of which are two marble plaques with the name of the parishes that celebrated the blessing 100 years ago and on the other side another plaque with the parishes that celebrated it. they did on their centenary, in the year 2000.

In this Alto de San Cibrán we also have the remains, although invisible, of an ancient hillfort. Only remains

of buried walls and part of the moat can be seen.

There is a hiking route of about 2 kilometers that partially coincides with the route of the Senda das Greas and the Senda dos penedos de San Cibrán. Along the route there are several Couso restored mills, as well as a rare example of a mill with a vertical rod. Native vegetation, with signs indicating to which species they belong, as a botanical path. Didactic panels about the mills. Following the route are also the Muíños da Laxe, restored and located in the parish of Cans (O Porriño)

Goals

The main objective is to preserve and enjoy the hermitage, the Hillfort and the mills along the hiking route, that is, enjoy the forest.

Activities

- Visit the San cibrán Hermitage
- 2 km circular hiking route.
- Ecosystem management to support archaeological heritage and mills.



Source: Turismo Rias Baixas

Impact

- Preservation of high biodiversity value habitats.
- Preservation of the archaeological and Heritage.
- Social and cultural use of forest.

Social Media

<https://turismoriasbaixas.com/recursopan1?content=280378777>

<https://www.galiciamaxica.eu/galicia/pontevedra/comarca-do-condado/ponteareas/muinos-do-couso/>

https://www.turismo.gal/recurso/-/detalle/16470/san-cibrán?langId=es_ES&tp=4&ctre=16